

BREAST ULTRASOUND

What is breast ultrasound?

Breast ultrasound is used to look at the area of concern in your breast that would be hard to evaluate on mammogram because of overlying glandular tissue.

PREPARATION

1. Before your appointment, keep to your daily routine:



Take all your pills as you normally do.

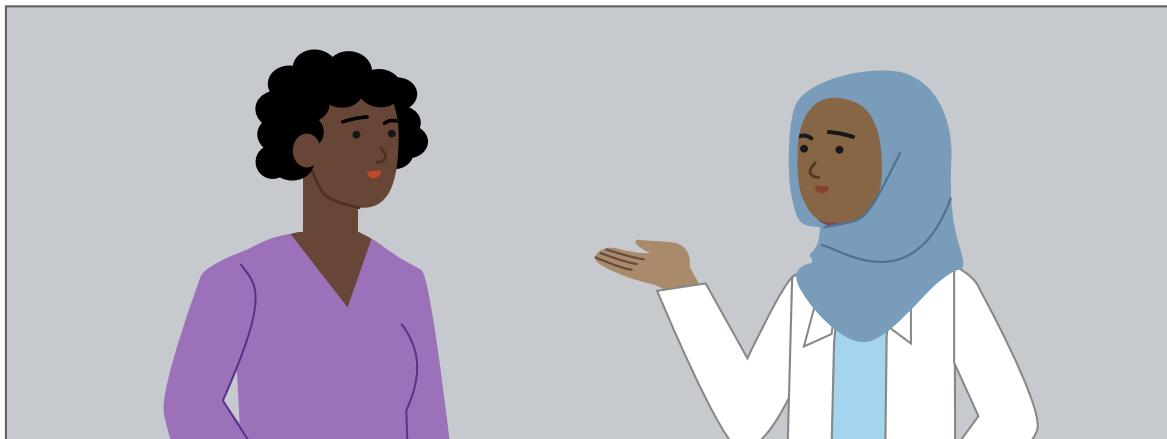


Eat and drink normally.

NO

Do not use deodorant, antiperspirant, perfume, lotion or powder under your armpits or on your breasts on the day of exam.

2. When you arrive for your appointment, tell your care team:

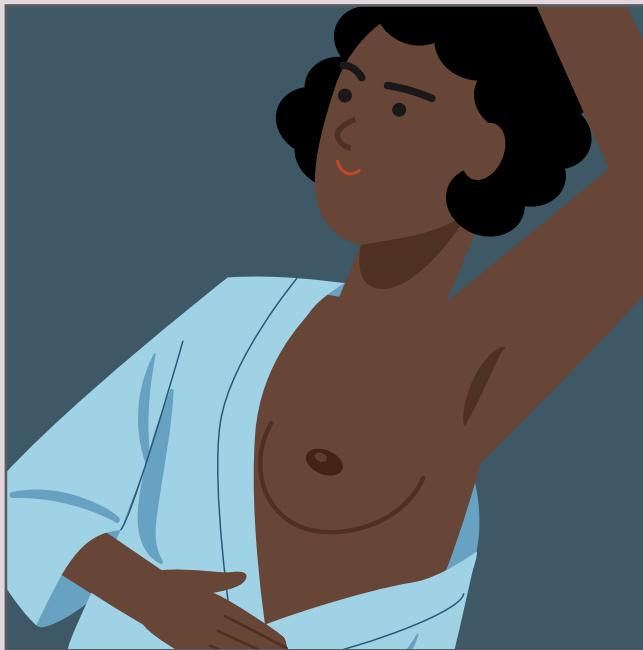


- If you have physical limitations that don't allow you to sit up, stand, lift your arms or dress yourself
- If you have breast implants
- If you have any issues of modesty
- If you have any other concerns

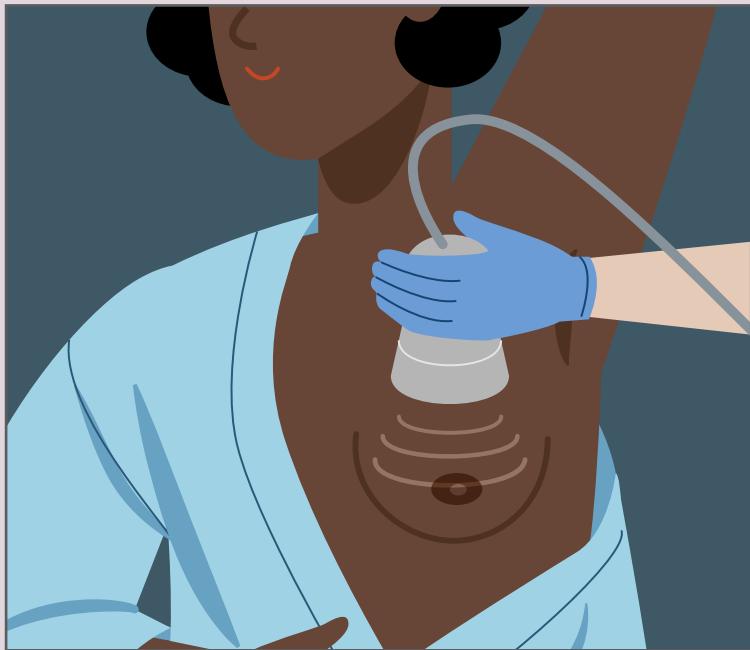
PROCEDURE



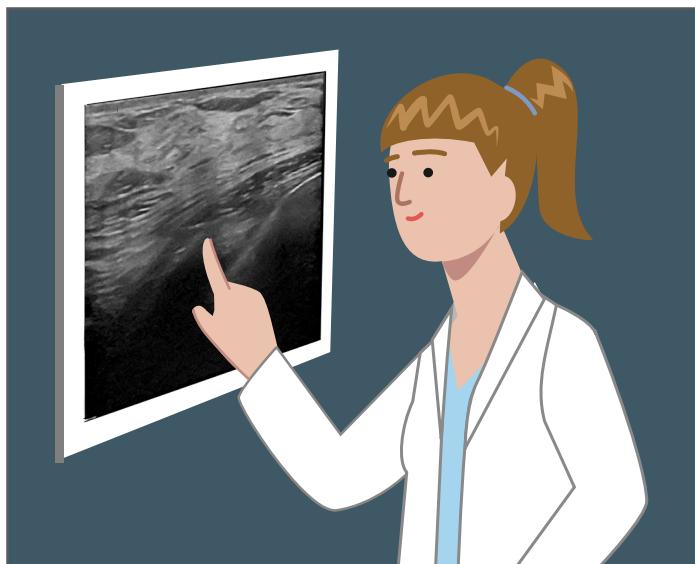
≈ 20 – 30 minutes.



1. You will take off your shirt and bra and change into a hospital gown. You will then lie down on the exam table.



2. The staff will apply gel and take several pictures of your breast with an ultrasound probe.



3. Your doctor will look at the ultrasound images as they are being taken
4. Your doctor will give you the results of the exam while you are in the room
5. When the exam is complete, you can change into your clothes



Contact Boston Breast Diagnostic Center
at 617-553-5300 for questions or concerns.

Convenient Office Hours:
M-Thurs from 7:00 am-5:00 pm
Fri 7:00 am-3:00 pm

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